Issue: VIII January 2024



Founded: August 15, 1955

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MIAAA: Athletic Directors
MHSBCA: Baseball
BCAM: Basketball
MHSIBCA: Bowling

CCCAM: Competitive Cheer MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA: Men's Ice Hockey

MWLCA: Women's Lacrosse

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

CONTACT INFORMATION

WEBSITE: mhsca.org PHONE: 517-526-4575

The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION 854 Marshall street, Portland 48875

The National Federation of High School Association National (NFHS) 2023 State, Section & National Coaches of the Year from Michigan

The National Federation of High School Association, the professional organization of school coaches and athletic directors, (NFHS) has selected three Michigan coaches as National Coaches of the Year. Mr. Steve Hall of Detroit Cass Tech, National Coach of the Year in Boys' Basketball, Mrs. Vicky Kowalski, Farmington Mercy, National Coach of the Year in Girls' Golf, and Mr. Melton Butch Brings, East Grand Rapids, National Coach of the Year in Girls Swimming & Diving.

Additionally, the following individuals were honored as a 2023 State, & or Section #4 Coaches of the Year in their sport for Michigan.

Brans Antcliff, Boys Baseball, Beal City, NFHS State Recipient Scott Neumeyer, Girls Basketball, Hemlock, NFHS State Recipient Suzy Thayer, Boys Bowling, Jackson Lumen Christi, NFHS State Recipient Gerald Raynor, Girls Bowling, South Lyon East, NFHS State Recipient Candace Fahr, Hartland High School, State Recipient & Section Recipient Julie Duffing, Traverse City St. Francis, State Recipient & Section Recipient Eric Swager, Girls Cross Country, Chelsea, NFHS State Recipient Leo Gorzinski, Football, Powers North Central, NFHS State Recipient Kim Napieralski Boys Golf, Grand Rapids Catholic Central, NFHS State Recipient Jamie Kline, Gymnastics, Holt, NFHS State Recipient Ron Dameron Boys Lacrosse, Macomb Dakota, NFHS State Recipient Chad Pastor, Girls Lacrosse, Haslett/Williamson, NFHS State Recipient & Section Recipient Brewster McVicker, Skiing, Harbor Springs, NFHS State Recipient Rich Sullivan, Softball, Standish Sterling, NFHS State Recipient Stephine Kerska, Boys Swimming & Diving, Ann Arbor Pioneer, NFHS State Recipient & Section Recipient Kyle Krepps, Boys Tennis, Holland, NFHS State Recipient Annmarie Michol, Utica, Girls Tennis, NFHS State Recipient Asa Kelly, Benzie Central, Boys Track & Field, NFHS State Recipient & Section Recipient Brandon Jiles, Oak Park, Girls Track & Field, NFHS State Recipient James Pender, Mount Morris HS, Volleyball, NFHS State Recipient & Section Recipient Jim Cali, Romeo, Wrestling, NFHS State Recipient

Congratulations to all the MHSCA finalists, and their sports association, which they represent. The selection and nomination for these awards comes from your sport association and through the Michigan High School Coaches Association for national recommendation of honors.

The NFHS selection of these individuals from Michigan as National, State, or Section Coaches of the Year reflects positively upon their school and your community. Nominee's selections have been based on the performance of their programs over the years and/or their contribution to the sport, school, and community. These were some of the criteria to determine the selection.

It is indeed an honor to have been selected as one of the National Federation of High Schools Coaches of the Year in your sport from the entire nation of nominees.

This is very ecstatic news for their families, schools, student athletes, coaching staff, communities, and our states sports associations. How fortunate it is for the MHSCA to have so many amazing coaches and programs within our state.

To view all the NFHS awards please visit the link to the site, https://nfhs.org/CoachAwards/ Search. Please note, award materials will be furnished by the NFHS, and remember to contact us as often as needed if we could assist with anything.



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MICHIGAN WOMEN'S LACROSSE COACHES ASSOCIATION

The MWLCA serves to promote the appreciation, understanding and growth of high school women's lacrosse in Michigan. We aim to direct and coordinate the efforts of association programs and clubs, fostering sportsmanship and goodwill. We place an emphasis on promoting the best interests of lacrosse student athletes in a manner consistent with the MHSAA and US Lacrosse practices and standards.





The Michigan High School Lacrosse Coaches Association

CONVERSATIONS WITH HISTORY

The Executive Board of the MHSLCA and the Hall of Fame Committee are actively trying to preserve as much of the history of lacrosse in Michigan as possible.

MHSLCA Secretary, Greg
Normand, has offered us his
time and talents in recording
videos of our Hall of Fame
members. Our long-term goal is
to have all of our Hall of Fame
members interviewed/video
recorded and have their videos
placed on our YouTube Channel.

The channel also has some great interviews with the movers

and shakers of the national lacrosse world.

If you know of someone that would benefit from the project, please send their contact information to either jdcarl@me.com or gnormand7@att.net.

Below are links to all completed interviews by inductee Class.

https://www.mhslca.org/ teams/default.asp? u=MHSLCA&s=htosports& p=custom&pagename=Co nversations+with+History

Just click on the image to go to the YouTube Interview. Also, please

note that you can click on the 'Class of ____' above the inductees to go directly to that particular classes' HOF page bio page.

www.MHSLCA.o rg SCHOLAR-SHIPS



WWW.MHSLCA.org

In 2017, the Executive Board of the Michigan High School Lacrosse Coaches Association began offering 'The Mary Gay Jolly Family Scholarship'. The 2017 winners were Landon Macco of Grand Blanc and Sam Brusilow of University Liggett.

The Scholarship is for the graduating seniors who have a parent coaching in the current season. The application to apply is available <u>HERE</u>.

https://www.mhslca.org/teams/ default.asp? u=MHSLCA&s=htosports&p=cu stom&pagename=Scholarships



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Charlie Bassett

Tennis @ Spring Lake

Charlie Bassett was a star athlete at Hastings High School ---. A college course at Western Michigan in the coaching of tennis under the legendary Hap Sorensen (courts at WMU are named after Hap) made him ready to take the tennis job at Spring Lake High School during his second year of teaching. Already a Girls Coach of the Year in 1980, he

Memorial Tribute

joined the board a year later and became the president in 1985. That's a mere four years after he first emerged and in total, he accumulated over fifty years of service on behalf of his players, his school, the tennis coaches association and high school tennis.

his accomplishments:

• In 1980, Charlie received the association's Coach of the Year award for his work with the Spring Lake girls. Given that the as-sociation began in 1977, this

made him the fourth award winner in our almost 50-year history.

- In 1992, Charlie was inducted into our Hall of Fame. In that this was only the seventh class, the reader should recognize that he was among the earliest ones.
- In 1988, Charlie had received still another Coach of the Year Award. In ensuing years, he garnered (drum roll, please) three more, one for the girls and two for the boys. That totals five Coaches of the Year awards spanning over

three decades.

- He was our president from 1985 to 1987, the fifth one. There have been 19 presidents since then.
- According to the Minutes, Charlie served on the board from 1981 (ask yourself: how old were you in 1981) until 2017. That's 36 years.

Charlie was a Charter Member of the MHS-TeCA. He can be found in the very first directory which lists him as having

coached for seven years. This was the

1977 directory. His last Coach of the Year Award was in 2012. He coached for over a half century.

"Our association was fortunate to get off to such a good start, thanks to the strong leadership of those who were there in the be-ginning.. Charlie was an integral part of that." Gary Ellis -- Allegan, Class of 2007, President: 1995-1997

The Michigan High School Coaches Association asks for your assistance so that we can share information about the lives of coaches who are no longer with us as a tribute in memoriam.

Please help us by forwarding as much of the following information as you are able to Jim Okler at MHSCA1954 @ gmail.com.

- The school/s at which they coached.
- 2. The sports coached. The years they coached.

The MHSCA will share, when possible, the information with our membership on a regular basis. We hope this memorial tribute will be a meaningful way to help us remember, grieve and celebrate the lives of those coaches lost from our ranks. Note: As this is a new initiative, frequency and manor of the memorial tribute may be subject to revision.



Rich Tompkins Multi-Sport Athlete
Award NOMINATIONS CLOSE • 15 April 2024

Nominations at: https://forms.gle/cevGt1AcU989mB597 Or Scan Code at Right





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Multi-Sport Chair Position

The Board of Directors of the Michigan High School Coaches Association is seeking a highly motivated, responsible, and organized individual for the position of Multi Sport Chair. The multi sport chair will report directly to the Board of Directors.

Job responsibilities include, but are not limited to, the following:

Dealing with a variety of parent, athletic director and coach inquires.

Organizational skills to complete background work of MSA

Dealing with payment for scholarship funds

Working with the post office to do mailings.

Doing all bookkeeping using current software.

Organizing a seasonal award presentation and Distribution of MSA awards - when appropriate and necessary.

Creating and sending out email blasts to association members for MSA events and membership reminders.

Creating and printing of all materials for the Annual MSA information.

Serve as a direct liaison between the association and the MHSCA Board of Directors.

Coordinate with MHSCA Media chair to post and maintain information on webpage.

Coordinate with MHSCA for housing and travel for any events in conjunction with the MSA for board members.

Coordinate with MHSCA BOD chairs and monitor process to communicate MSA awards information.

Exercise fiscal responsibility by operating within approved budget and established guidelines.

The individual chosen as the Multi Sport Chair must have strong Interpersonal communication skills (verbal and written) and the ability to disseminate information in a timely manner.

Letter of interest should be sent to President, Debbie Williams Hoak (MHSCA1954@gamilcom) no later than March 10, 2024.

Go to the Michigan High School Coaches Associations website with a snapshot of your cell.

⇒ Open up your cell phone Using the picture app our your QR reader on your phone, check out the latest MHSCA.com





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Newsletter from the

Davie's Last Newsletter

Hello NHSACA members!

We are on day two of no school with a major winter storm impacting a large part of lowa.

It looks like our mild winter so far in lowa was just a build up to it all coming at once. Another round is already coming in a couple days. Hopefully those of you coaching have had a successful season so far and have great momentum heading into the first of the year. The deadline for the COY finalists to submit their applications has been extended to the end of January. They have come in more slowly than normal and we need to ensure our banquet runs as it always does.

The executive committee will be meeting soon to go over nominations for the Kathy Holloway award. Once again, the nominations are so impressive! I'm pretty sure this is my last newsletter to write as a member of the executive committee. I will admit the newsletter was not my most favorite thing to do. We all have our skills, and this is something that just didn't come that easy to me. Newsletter aside, as I reflected on my time on the executive committee there was no question it was life changing for me. I have had the opportunity to learn so many things about life, leadership, and family from not only some of the best leaders I have ever met but also the best people. From the executive committee to the board of directors, COY finalists, HOF'ers it was an absolute pleasure meeting and serving on behalf of NHSACA.

When I started on the executive committee, I would say I was humbled by the great responsibility and trust someone is given to serve on the executive committee. I'm still humbled but now I truly grasp how much responsibility and trust that really is. I'm flooded with so many positive memories, great stories, and unbelievable relationships. There have been many highs and even through the lows the NHSACA continues to be a great organization with top notch people.

My final official message to the board will be my end of the year speech to my cross-country team. "What" I will remember about my time on the board are very special to me and dear to my heart. It is LONG and yes; I did shed a few tears. The things you remember are different from what you remember. Being a sports person my entire life I can recount athletes, stats, games, you know things that can win you a trivia contest. Or Stories, I have a lot of stories. I remember a lot of things over the course of my life that hold no significance or importance. They elicit little to no emotion and create no meaningful connection. These are the things you remember. These things are much different than what you remember. But sometimes these stories can connect you to what you remember. What you remember encompasses how people made you feel, how they treated you, emotional and deep connections you form. The things we remember telling the story of what we remember. When we talk about people or experiences the first thing in our mind is what we remember, those deep connections and feelings then our mind shifts to the things you remember. Those specific stories of humor, sadness, accomplishment, pride, sacrifice, and compassion lead directly What we remember.

The normal thing for coaches to do at an end of the year banquet is to talk about the things you remember. Places, awards, accomplishments, etc. The things that may be remembered about the season but won't be what you remember. In this case the things I remember only telling a small part of what I will remember.

The 2023 XC season, What I will remember: -Our culture. The athletes have created a culture that is welcoming and supportive. It's far from perfect and there are instances where I'm disappointed, but mostly kids can find a home, acceptance, and belonging in XC. At least half our team said they could never do XC. Yet they did. In today's world, it's hard to step out of your comfort zone, try something you may failat, and believe in yourself. As a result, kids can choose not to try rather than risk failing. But not our team and it happens over and over and over. Runners wait after finishing a race until all the runners are done to cheer them on and congratulate them. Runners are as happy for the success of others as they are their own. PR's are celebrated not places. I have heard athletes say things like I finally felt like I belonged some-

Check out the latest National High Athletic School Coaches Association

Click on the link below

https://open.spotify.com/episode/5ZuzBAdHp9gLjHc56we4My? go=1&sp_cid=8055b3ac3f6ad81deb7cf0366eb0e8b4&utm_source=em bed_player_p&utm_medium=desktop&nd=1&dlsi=0aaf1c09f1b345f9 The 2024 National High School Athletic Coaches Association National Coaches Convention will be hosted by the North Dakota High School Coaches Association from June 22, 2024 to June 27, 2024 in Bismarck, North Dakota at the Bismarck Hotel and Convention Center. There will be clinic sessions for nineteen specific sports, college credit courses, as well as plenty of time to network with coaches from across the country. In addition, there will be a NHSACA National Coaches Hall of Fame Ceremony and a NHSACA National Coach of the Year Ceremony to recognize the best of the best.

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Newsletter from the



Justin Davie's Last Newsletter

where and finishing an XC race was one of the greatest feelings of my life. Striving to better yourself has become contagious.

Our growing numbers and needing to take two buses to meets to accommodate everyone is a testament to all those things. Even something as simple and yes annoying, as a British accent caused so many laughs and created a unique bond I wouldn't have foreseen. Athletes we are far from perfect and I ask you to remember your words matter, positive and negative, as you move on to other teams, with your peers, and next year in XC.

-Growing and improving: The thing to remember is that our runners times got better. What I remember is how they grew in confidence with not only running but as people, the sense of accomplishment they found, and becoming a part of something. At one point an athlete came to me near tears scared to death they couldn't do XC. Within a week they were not just out for XC they were a part of the team, had made new friends, was as comfortable as I have seen them in a social setting, and was gaining confidence as a runner and person every day. We have a lot of quiet and reserved runners. But everyone one of them at some point this year did or said something that was outside their comfort zone. From just having a conversation with a peer or stepping up to hand out certificates to JH runners, the significance of these seemingly small events loomed very large. Our theme this year was to step out of the shadows and into the light.

It was meant to be program and running thing, but this applies to some of the personalities on the team as they are just fine with being in the background. The significance of them stepping into the light is not lost on me. That only happens in a safe place and that again speaks to our culture the kids have created. On the flip side I have seen some of the athletes that seek the spotlight learn some humility and learn to take a step back. Yes we were noticed by our running and our growing numbers. Many comments made their way back to me on those things. But our presence at the conference meet with how many people we had there and the energy we had was exactly what I envisioned when we put that on the back of the shirt.

-It's really important to me that the athletes on any team I coach represent themselves, their school, and their community well. This idea, our culture, growing as people, and ironically our shadow and lights theme, all came together during the Wartburg meet (a nearby college that hosted a 80 team meet on an extremely hot Saturday. We scratched our final 2 races and helped at the finish line with collapsing runners, water, and ice). At the time, all we were doing was what we could to help other runners. Our athletes were not thinking about recognition or praise and had no idea just how much into the light we had stepped, by just doing something as simple as helping out. Looking back on that day what they did was pretty amazing and is what we as parents and adults hope for in our children. I shared this email the Athletic Director of Wartburg sent to the team and nothing they accomplish on the course will ever make me moreproud to say that's my team. The AD stated: I just quickly wanted to express to you my sincere appreciation to your cross country team for the unselfish assistance they provided during the high school meet we hosted this past Saturday. They completely committed themselves to assisting with badly needed triage for finishing runners during the closing stages of the meet.

Please share with them how thankful we are as they represented the very best of the human spirit that day. -I try to shy away from talking about one athlete for a number of reasons but I'm going to make an exception in this case. I have coached for 25 years and coached a lot of different kids and seen a lot of different things. The improvement Cameron Szurley made from not only last XC season but even since track is the most remarkable thing I think I have seen in all my years coaching. At the start of the year he was running over 10 minutes faster than he did at the same meet last year. That is unheard of. He ran faster than I ever thought he could, then went faster 3 more times. You could see the confidence radiating from him with each meet. I have struggled to come up with just how this has happened. Normal maturing and growing up doesn't seem to explain it. He works hard but didn't go out and run dramatically more or have some amazing workout plan. I had no explanation for the dramatic improvement. Then I heard a story a couple weeks ago that brought things together for me. The story starts way back before school started at the start of the year. Aidan Shannon and I had a long talk after practice. Aidan runs a lot and he came to me to figure out how practices would work. To be very honest Aidan would have been ok with just doing his own thing. The jist of what I told him was yes you can run more but it has to be within the scope of the team. Being out for sports is more than places and awards, it's about being a part of something and growing as a person and leader. We have people that want to be led and he could make a difference in a lot of runners. In the course of his workout he could run with the team and it would mean the world to them. The very next day at practice outside of Readlyn, Aidan and I planned his workout to end about the same time as everyone else. Everyone was getting done and as we had planned Aidan was finishing about that time. What wasn't planned was him and Cam came over the last hill at the same time. Cam was tired but hit a different gear to keep pace with Aidan and they both finished at the same time, Cam with a huge smile on his face as always. Cam, the kid that was either last or close to it in every race last year, and Aidan who was a state place winning caliber runner running together stride for stride. That day two runners that were on opposite ends of the running spectrum both got better. The next part of the story is what I heard a couple weeks ago. Cam needed new shoes and in true Cam fashion, didn't say

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anything to anyone. His parents ordered some new shoes but while they were being shipped he was wearing his old ones to start the year. Aidan gave Cam a pair of shoes to wear until his other shoes came in. Even when his new shoes came in, Cam chose to wear the shoes Aidan gave him. You see when Cam ran in those shoes and looked down he did not see just a pair of shoes. He saw acceptance, compassion, confidence and caring which is the greatest motivator a person can have. They were his superman cape. The answer to how Cam could make such a drastic improvement has a little to do with running and maturing but had a lot to do with kindness and someone believing in him. What a great reminder about the truly important things in life and the lesson sports can teach us. I know that was long but those things were on my heart and I just felt I needed to share those things. I will cherish the things I will remember and what I remember from this season and look forward to the future. Thanks for a great year. Here is a picture of Cam and Aidan running together at practice at the end of the year. Cam barely speaks to anyone and has a loving but challenging home life. He wears the same clothes to school for long stretches and is the definition of an outcast. He made the varsity at the end of the year and they had their highest district finish in well over a decade. It's hard to really understand just how amazing his story is, but I can attest it is.

The Michigan High School Football Coaches Association (MHSFCA)

The Michigan High School Football Coaches Association (MHSFCA) has created a leadership program to help young coaches who are aspiring to become or are currently head coaches work through the nuances of being a head coach beyond the X's and O's.

Started in 2021 by former Caro head coach Al Boydston, and under the guidance of former Executive Director Scott Farley, this program has helped over 50 young men with a variety of topics from building a staff, budgeting, program organization, working with boosters and parents and many more.

The LDA happens during the MHSFCA clinic in January and has also run in conjunction with the summer MHSFCA meeting which takes place during All-Star weekend in June.

"Since its implementation, LDA demonstrates the MHSFCA's commitment to investing in promising young coaches from around the state, at all levels of competition", said Farley.

"Some great connections have been made with mentors, as well as lasting connections between LDA members."

I have spoken at 2 of these LDA pro-

grams and both times it was a great experience. The engagement of commitment these coaches have makes me feel very strongly that our game is in good hands.

Conversations were abundant, ideas shared and a bond between all participants was built to be of assistance to each other for many seasons to come.

Anyone looking for information about LDA can contact me hag-gartdoug11@gmail.com





854 Marshall Street, Portland, MI 48875 E-mail: mhsca1954@gmail.com Mark F. Holdren, Exec. Secretary Cell: 517-526-4575

Executive Board

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Executive Secretary:

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Larry Merx

Service Award

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MHSSCA: Softball

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MHSTeCA: Tennis

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Cross Country

MIVCA: Volleyball
MWA: Wrestling







what does it mean to be nice.?
notice what is right or different
invite yourself to start a conversation
challenge the stigma
empower yourself and others with
knowledge

ACTION CONFIDENCE KNOWLEDGE

Contact the Mental Health Foundation of West Michigan

160 68th St. SW Suite 120 Grand Rapids, MI 49548 ifo@benice.org | 616.389.8601

physical

- Lack of hygiene, personal appearance
- Fatigue, lack of energy
- Overeating or loss of appetite
- Weight loss or gain
- HeadachesUnexplained aches or pains

Below are signs and symptoms of a mental illness like depression or anxiety. A change in someone's behavior, physical appearance, or psyche lasting two weeks or longer could be a developing mental health concern.

behavioral

- Quitting favorite sport/hobby
- Avoiding social interaction
- Sudden/unlikely drug or alcohol use
- Cry frequently for no reason
- Neglect responsibilities, loss of motivation
 Can't sleep or sleep constantly

psychological

- Acting out, aggressive, quick to anger
- Heightened sadness, guilt, indecisiveness
- Lack of emotional responsiveness
- Frequent self-criticism
- Hopelessness, loneliness
 Thoughts of death or suicide

Michigan High School Sport Association Coaches Clinic/Events

MIAAA: March 15-18, 2024 at Grand Traverse

Summer Workshop June 25-27 2024 at Mt. Pleasant

Baseball: January 11 & 12, 2025 at Soaring Eagle, Mt. Pleasant

BCAM-Basketball: October 4-6 2024 at Oakland University.

Bowling: October 2024 @ TBA

MITCA: Cross Country: 2025 November 7-9th Mt. Pleasant, Comfort

Competitive Cheer: October 2024, Grand Rapids

Football: January 17-29 2025 at Lansing Center and Radisson Capitol

Golf: February 2024, Clinic, East Lansing, August 2024, Clinic, COTY, HOF Banquet, Golf, Treetops Resort

Gymnastics: October 2024 TBA

Ice Hockey October, 2024 & once a month clinic on Sunday nights. See MIHCA Website

Men's Lacrosse: January 17-29 2025 Baltimore Convention Center Baltimore, MD

Skiing: October, 20254 @ TBA

Softball: January 11 & 12, 2025 at Mt. Pleasant, Comfort Inn

Sports SAGES: March 2024 Boyne Mountain

Swimming: September 2024 Site: TBA

Tennis: January 24, 25, 2025 Site Hope College

Track & Field: January 23, 24, & 25 2025 at Lansing, Crowne Plaza Lansing West

Volleyball: February 2024 at TBA

Wrestling: Nov. 2024 TBA

NHSACA Convention: Bismarck, North Dakota

June 24-27, 2024



GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Michigan High School Coaches Association and its members.

CARRIER

HDI Global Specialty (A Rated)

POLICY PERIOD

August 1, 2023 - August 1, 2024

LIMITS OF INSURANCE

COVERAGES

- Educator Professional Liability
- Participant Legal Liability for insured members
- Liability assumed under insured written contract
- Defense Cost outside limits

EXCLUSIONS

- The use of automobiles, buses, watercraft and aircraft
- Property of others in the care, custody, and control of the insured.
- This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- Waivers: Signed waivers showing indemnification language
- Participant/Accident Insurance: You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

 Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR

LOOMIS & LAPANN, INC.

INSURANCE SINCE 1852

(P) 800-566-6479 | (F) 518-792-3426

Greg Joly Lori George Karen Boller gjoly@loomislapann.com lgeorge@loomislapann.com kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

MHSCA Membership Benefits

- Sport Association Voice: The MHSCA provides member sport associations another vehicle of communication with the MHSAA Pehich year the MHSCA makes a presentation to the MHSAA Representative Council representing issues of our association members.
- Coaching Longevity Awards: Beginning with 10 years of coaching and ascending every 5 years, coaches receive recognition for their years of coaching (10-25 years earn cellcates, 30-45 years receive plaques, and at 50 years a coach will receive a special crystal recognition).
- MHSCA Coach of the Year Recognition Each year one coach from your association is chosen by your association to be recognized at the MHSCA State Coach of the Year for your sport.
- coaches from the state are selected for induction into the MHSCA Hall of Fame. The Hall is an actual physical entity that is located on the campus of Central Michigan University within the Student Activity Center at the entrance of the old Rose Arena. In addition to meeting the established criteria the individual's sport association must be a member association within the MHSCA.
- MHSCA Jack Johnson Distinguished Service Award: One person per year (teacher, coach, administrator, other) nominated by a member sport association will be honored at the September Hall of Fame banquet for cutstanding service to high school sports in Michigan.
- NOCAD Insurance: "As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Cognization of Coaches Association Directors (NOCAD). This policy provides \$1,000,000 (\$2,000,000 aggregate) per member liability coverage to only members of the Michigan High School Coaches Association that pay for the additional coverage through MHSCA member sport associations. "New members taking the NOCAD insurance liability coverage are covered on the first date that they pay their membership due to their sport association through August 1. Members whose sport association paid their for their insurance coverage the previous year are covered August 1—August 1 if they become members of their sport association and their sport association pays their insurance premium. For \$6.00 per coach per year this coverage is hard to to match. Members find more detailed information on the missos and yeebsite in the "Coaches Corner" drop down link titled "Insurance."
- Rich Tompkins Multi-Sport Award: This award recognizes athletes that have participated in at least 3 MHSAA sports per year for the 4 years of high school. All nominees receive a high quality certificate. One boy and one girl from each of the four classes of schools (A, B, C, D) will receive a plaque and a scholarship (if eligible) as the MHSCA Rich Tompkins State Multi-Sport Athlete of the Year.
- Gatorade Supplies: Member sport associations receive Gatorade give-away supplies to use at their clinics or all-star games.

- National Federation of High Schools Coach of the Year Recognition: Each year one coach from your association is nominated by your sport association through the MHSCA to be considered for state and national level recognition.
- As a member of the MHSCA you also receive membership into the National High School Athletic Coaches Association (NHSACA) with membership benefits available.
- NHSACA Coach of the Year Recognition Each year one coach from your sport association can be nominated through the MHSCA for consideration for regional and national recognitions.
- NHSACA Hall of Fame: The MHSCA is allowed to select two coaches each year for induction into the National High School Athletic Coaches Association Hall of Fame.
- NHSACA Kathy Holloway Women in Sports Leadership Award: Presented annually to a female that has promoted female athletics by coaching, serving, supporting, and/or leading high school athletic programs. The nomination process runs through the MHSCA.
- NHSACA Distinguished Service Award: The MHSCA has the opportunity to have one of their members receive this award every 4th



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MIVCA: Volleyball MWA: Wrestling

Give Success the Works

NHSACA Member Savings and Solutions

: Huge Savings on Winter Travel

Your MHSCA Avis and Budget Care Rental Savings Program grants you access to huge discounts on a rental car for you winter getaway! Use the Pay Now feature to save up to 35% on base rates and receive additional offers, such as free upgrades or dollars off.

Start your vacation the second you step off the plane:

Do you want to skip the paperwork? Bypass the counter when you join Avis Preferred® or Budget Fastbreak® rewards programs. Plus, you can earn points toward complimentary rentals, accessories and upgrades.

To make a reservation with Avis, visit https://www.avis.com/en/association/B155151 and use your Avis Worldwide Discount (AWD) number B155151.

To book with Budget, visit https://www.budget.com/en/association/R584751 and use your Budget Customer Discount (BCD) number R584751.

Sign up for Text Alerts Get your members-only offers sent directly to your phone by texting NHSACAABG to 833.344.0228.

Dear Coach, here are some winter discounted opportunities for business or pleasure, you can use as a member of MHSCA for your joint membership with the National High School Athletic Coaches Association. Enjoy discounts, just enroll to receive free perks like: National High School Athletic Coaches Association Savings and Solutions Program

Phone 1-800-MEMBERS (800-636-2377) M - F 8 a.m. - 5 p.m. ET

Save with Exclusive Member Discounts



Save up to 35% off base rates with Pay Now, plus enroll in Avis Preferred®



Save up to 35% off base rates with Pay Now, plus other sweet deals like complimentary upgrades.

Discount Code: R584751



LifeLock

Monitor the sensitive information that can be exposed in a data breach with Norton 360 with LifeLock. Members get 35% off the first year o membership. Terms apply



ODP Business Solutions™

Save up to 75% off regular prices on our Best Value List of preferred products. Plus receive free next-business-day delivery on qualifying orders of \$50 or more



8224 or click logo.



Long-Term Care Solutions

LTC Global has developed a comprehensive educational program to provide you with all the information you need to determine which type long-ten care solution is appropriate for you



Travel Savings Center

Access exclusive travel savings from car rentals, hotels, and ticketing discounts to condos, villas, cruises, guided tours, and group travel packages



Insurance | Risk Management | Consulting

D 571.282.2472 O 800-636-2377 Katharine_Ziegler@ajg.com



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MWA: Wrestling



SEND TO: Hall of Fame Chair—Mark F. Holdren 854 Marshall Street, Portland, MI 48875 OR E-MAILTO: mholdren.11@gmail.com

HALL OF FAME APPLICATION

OMICE FIRE ONLY		
APPLICATION	Gender:	
I SUPPORT LETTERS.		

Criteria for MHSCA Hall of Fame Application: Only persons who have coached and/or directed a secondary school athletics (6-12) program for 20 years or more and actively coached in the state of Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member in "good standing" in their sport's association prior to application. In addition, preference will be given to individuals who have met the previous criteria and have been inducted into their own sport association's Hall of Fame.

Applications must have two letters of support in order to complete the application process.

NOMINEE CONTACT INFORMATION:		Date of Birth:	//
Name of Nominee:		Phone:	
Home Address:	City:	State:	Zip:
Nominee E-mail: (please print carefully)			
NOMINATOR'S CONTACT INFORMATION: The nominato the application, as well as, arranging for two letters of supp			omplete all sections of
Name of Nominator:		Phone:	
Home Address:	City:	State:	Σp:
Nominee E-mail: (please print carefully)			
CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED.			
CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED.		Year's at School:	
School	City	State	Zip
School	City	State	Zip
Address Current Athletic Director Name:	City	State	Zip
Address Current Athletic Director Name: Athletic Director E-Mail Address	CitySCHOOL IF THERE IS AN EQUAL	Phone: AFFILIATION******	Zip
Address Current Athletic Director Name: Athletic Director E-Mail Address ONLY LIST A SECOND	SCHOOL IF THERE IS AN EQUAL	Phone: AFFILIATION**** Year's at School:	Zip
Address Current Athletic Director Name: Athletic Director E-Mail Address ONLY LIST A SECOND School	SCHOOL IF THERE IS AN EQUAL	Phone: AFFILIATION**** Year's at School:	Zip

PLEASE COMPLETE THE BACKSIDE OF THIS PAGE

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Page 2 of 3 COACHING LONGEVITY: Please provide all information for all sports coached during your career. Do not use abbreviations.

Years Coached (e.g.: 1995-2000)	Sport Coached (e.g.: Boys Basketball)	Level (e.g.: Junior Varsity)	# of Seasons (*g:1)

COACH OF THE YEAR RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

COACH OF THE YEAR	Name of the Recognition-Sport (Lansing State Journal Dream Team-Softball)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area / Newspaper / County / All Star			
League			
District / Regional			
State			
National			
Other			

TEAM RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name and Sport (Michigan Wrestling Association—Regional Coach of the Year)	Times (e.g.: 3x)		ners 1999, 2001)
League (Conference) Championships				
District Titles				
Regional Titles				
State Finishes				
Other (e.g.: MHSAA Sportsmanship Award)				
Career Varsity Record	Sport: Win:		Loss:1	ie:
	Sport: Win:		Loss: 1	ie:

PLEASE COMPLETE THE NEXT PAGE



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Executi	ive E	Board
---------	-------	-------

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Sport Association Board Member

Sport Association Clinic Presenter

MHSAA Committees

National Committees

Other

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Cross Country
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INDIVIDUAL ATHLETES COACHED: Pleas	e prov	ide all information for all sports coached during	your caree	r. Do not use abbreviations.	
		Information—cumulativ			
All State Individual (medalists only)					
Individual State Champions					
Elite Athletes Coached (e.g.: Mr. Wre Detroit Free Press All-State, All Americ					
All State Individuals (coaches selection	rs)				
Other:	Other:				
SPORT -LEADERSHIP ROLES AND CONTRIBUTIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.					
	,	Name of the Leadership Role or Contribution (e.g.: Lansing State Journal Dream Team)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)	
Area/League Officer					

COACHING HALL OF FAME RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name of Hall of Fame and Sport (Use complete name of recognition—no abbreviations)	Year (e.g.: 1997)
Area / School / Booster Club / Other Hall of Fame		
State Sport Association Hall of Fame		
National Sport Association Hall of Fame		

My signature advnowledges that the information provided on this application is true and accurately reflects my coaching career.

THANK YOU FOR COMPLETING THE HALL OF FAME APPLICATION

January 2024 The Michigan Coach Page 14



im Okler, Executive Director Cell: 734-223-8490

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MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE 10/15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD GENERAL REQUIREMENTS

- · The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. *The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied if it is a <u>school sponsored</u> interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a <u>general</u> coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of <u>years</u>.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys' and girls' basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

PROCEDURE FOR RECEIVING AWARD

- · Complete the application forms (2) and mail to: Steve Porter, Years of Service Awards
- 1250 Mooreville Rd. Milan, Mi. 48160, or E-mail to: coachporter51@gmail.com
- Certificates will be sent to your home address. Please allow four (4) weeks for processing.

Plaques will be mailed to your home address. Please allow six (6) weeks for processing

MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

15 Years20 Years25 Years	30 Years3	35 Years40 Years _	_45 Years50 Years
Name (as it is to appear on award)			
Best Phone	Email Address:		
Home Address			
Home City	_Home State	Home Zip	
Michigan High School Sports Associatio	n:		(MITCA, BCAM, etc.)
Signature of Coach			
Signature of AD or Principal *		Phone Number:	
Printed Name of Administrator:		Email:	

Send Completed form to: Steve Porter, Years of Service Awards 1250 Mooreville Rd. Milan, Mi. 48160

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA



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1999-2000

	NA	ME:					
			ERVICE AWARD	wo	RKSHEE	Т	
	School				School		
	<u>Year</u>	School	Sport		Year	School	Sport
	(Example)	(Example)	(Example)		(Example)		(Example)
	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC	BBSK
	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN	BBSK
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS	BBSK
	1960-61				2000-2001		
	1961-62				2001-2002		
	1962-63				2002-2003		
	1963-64				2003-2004		
	1964-65				2004-2005		
	1965-66				2005-2006		
	1966-67				2006-2007		
	1967-68				2007-2008		
	1968-69				2008-2009		
	1969-70				2009-2010		
	1970-71				2010-2011		
	1971-72				2011-2012		
	1972-73				2012-2013		
	1973-74				2013-2014		
	1974-75				2014-2015		
	1975-76				2015-2016		
	1976-77				2016-2017		
	1977-78				2017-2018		
	1978-79				2018-2019		
	1979-80				2019-2020		
	1980-81				2010 2020		
	1981-82					SPORT CODE	
	1982-83				RSR RRS	K, GBSK, BBWL, GBW	L CHR BCC GCC
	1983-84					, GGLF, GYM, HCK, BLA	
	1984-85					CR, SFB, BSWM, GSW	
	1985-86					RK, VB, WR	INI, DILIN, GILIN,
	1986-87				DIIN, OII	TR, VD, VVIX	
						CHOOL OFFWICE CO	NDF.
	1987-88				50	CHOOL or SERVICE CO)DE
	1988-89				MOUC	(Example)	
	1989-90				MCHS	Mt. Clemens HS	
	1990-91				USAF	US Air Force	
	1991-92						
	1992-93						
	1993-94						
	1994-95						
	1995-96			-			
	1996-97						
	1997-98						
	1998-99						



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Executive Secretary:
Mark F. Holdren

Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.

President: Darrin Millar

1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart

Past President Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award

Larry Merx
Service Award

Steve Porter Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair & Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors
MHSBCA: Baseball
BCAM: Basketball
MHSIBCA: Bowling
CCCAM: Competitive Cheer
MHSFCA: Football

MHSGCJA: Gymnastics
MHSHCA-Ice Hockey
MHSLCA: Men's Lacrosse
MHSSCA: Skiing

MIGCA: Golf

MHSSCA: Softball
MISCA: Swimming & Diving

MHSTeCA: Tennis
MITCA: Track & Field &
Cross Country

MIVCA: Volleyball
MWA: Wrestling

The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academically, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- · To recognize a person who has positively impacted interscholastic athletics in a significant way.
- · To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- · To confirm and honor a superior servant by his/her peers and colleagues.
- · To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- · To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic athletics.

Required information for completed application:

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons: (attach separate)

Completed application can be submitted to MHSCA1954@gmail.com



JIM OKLER, EXECUTIVE DIRECTOR CELL: 734-223-8490 854 MARSHALL STREET, MI 48875 E-MAIL: MISCA1954@GMAIL.COM MARK F. HOLDREN, EXEC. SECRETARS CELL: 517-526-4575

Sponsorship Opportunities

Active Link on the MHSCA Website: (July 1-June 30) \$1,000.00

- · Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- · Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page

 Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$100.00
- 2 Sports\$ 500.00
- 3 Sports \$ 1000.00
- 4 Sports\$ 2500.00

(Buy 3, get 1 Free)

All 15 Sports \$ 10,000.00 (\$ 4,000.00 savings)

- · Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- · Two (8) Complimentary tickets to the Awards Banquet

- · Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet
- · Recognition/Advertising in Coach of the Year Awards Program
- · Complimentary exhibit booth during the awards day banquets
- · Active link on MHSCA website

Sponsor a MHSCA Service Awards Station: \$300.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.
- · Presentation of the Service Award at the Coach of the Year Awards banquet
- Placement of your company's Logo on award certificates and plagues.
- · Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet
- · Placement of your company's marketing materials on table in serving area
- · Complimentary exhibit booth during the awards day banquets
- · Active link on MHSCA website.

Sponsor a Hospitality Station (assessable to all registrants and quests): \$300.00

- · Company signage promoting your company as the sponsor of this event
- · Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet
- · Placement of your company's marketing materials on table in serving area

MHSCA Contact Information:

Mark Holdren, Executive Secretary 845 Marshall St. Portland, MI 48875

Phone: 517.526.4575

The MHSCA Board of Directors Meetings & Events

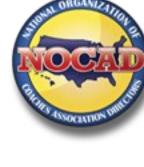
- MHSCA Hall of Fame Committee Meeting, February TBA, 2024 @ conducted in person & virtual

 East Lansing HS
- MHSCA Finance Committee meeting, March 3, 2024 Board of Directors Spring Board Meeting March 03, 2024 conducted in person & virtual
- Board of Directors Fall Board Meeting September 15, 2024
- Hall of Fame Banquet September 15, 2024 @ CMU
- Winter Board Meeting & COTY Banquet November 10, 2024 @ Lansing Area



MHSCA Sponsors









Executive Director James M. Okler, CMAA MHSCA1954@gmail.com